

BEST PRACTICES – I:

Title of the practice: SUMMER SPORTS COACHING CAMP AND FACILITIES

The context:

- The basic aim of the institution is to provide equal opportunities to rural, economically & socially backward section of the society in the field of sports and physical education.
- Its objective is to be a meaningful resource in bridging these gaps.
- The institution organizes summer sports coaching camps that benefits not only to the college students but also for the children & youth in and around Warora.
- This gives an opportunity to the child to develop its skill in its choice of sports to the students who have interest in games but don't get opportunities to prove themselves.
- The primary purpose of summer sports camp is to immerse students in specific skill developments for their chosen sports.

Objectives:

- Initiative towards Nation building and service to the Nation.
- To boost the sporting activity of the students of the institution as well as surrounding locality.
- To foster the concept of healthy mind and healthy body.
- To provide employment opportunity to the students.
- To provide the students an exposure to the world of sports.
- To introduce the concept sports for all.
- To promote sports as a habit among youth.
- To provide infrastructure to help the students excel in their field of interest.
- To create awareness among the rural population about the importance of physical education & sports.
- To identify and provide special training to students in different sports and games, preparing them to represent at various tournament at different level.
- To develop sports as a culture not only among the college students but also in all the students & people around Warora.
- To enhance the overall personality of the students.
- To promote sports as a career opportunity & also employment opportunities through sports.
- To help the students from rural area get recognition in their chosen sports.

The Practice (250 – 300 words)

- To reach out to the maximum rural population so that each and every youth in and around institution & Warora is benefited through this Summer Yoga & Sports Coaching camp, awareness programmes are conducted in all the educational institutions, emphasizing on the importance of sports and physical education.

Sometimes if needed the family is approached to let the child be permitted to attend the camp.

- Advertisements are published in the newspaper, Banners & also on social media, pamphlets etc.
- Standard Sports infrastructure is provided with all the required facilities & equipment for training. National level coaches from Shri Hanuman Vyayam Prasarak Mandal, Amravati are invited to train the campers along with the physical and sports teachers. The camp offers training in around 20 games like Kabaddi, Kho- kho, Mallakhamb, Rope Mallakhamb, Netball, Volleyball, Handball, Sepak Takraw, Drop roball, Badminton, Archery, Taekwondo, Boxing, Football, Athletics, Gymnastic, Cricket, Table tennis etc. Apart from these regular games the camp also conducts Indian Traditional Physical activities & games like Lezium, Dumbles, Ghungharoo Kathi, Dand baithak, Lathi, Baneti, Mass PT, Yogic practices & Dynamic Surya Namaskar. all these training are provided a participants at minimal cost .
- The Camp is conducted with the help of all educational institutes & Volunteers of Anandwan. The participants are under the age of 8 to 50 years. A demonstration of all the games is conducted on the last day of the camp for the parents and other spectators from places around Warora. Certificates are distributed and special prizes are given to the students who excelled in their respective sports and also Best camper Award.
- These students are further given free coaching in their chosen sports for the year.

Obstacles faced if any and strategies adopted to overcome them (150 - 200 words)

Revenue generation for camp is the biggest problem as due to monetary condition of students in the surrounding area they are not in a position to pay even minimum fee for sport camp. Responses from surrounding colleges and schools for sports are poor. They are unwilling to inspire and send their student for sports camp. Shortage of good sports and physical trainer are also another obstacle to provide good training to sportsman. Parents are unwilling to send their wards for participation in sports camp.

The institution charges minimum possible fee for sports camp. Volunteers working for sports camp go in the schools and college and try to convince students for its benefits and utilities. They also try to contact students' parents and persuade them to send their children for sports camp.

Impact of the practice (100 – 120 words)

- Awareness has been created among the rural youth and these has resulted in the increase of participants from 350 in first summer coaching camp which was held in 2018 to 600 in the 2nd coaching camp held in 2019
- The camps helps the participants learn Sportsman spirit, disciplined, new skills, gain resilience, become confident, independent and develop lifelong skills along with building their central stimulations.
- The camp gives an opportunity to the outstanding participants to get best training by the best trainers in their chosen sports free of the cost for the year.

- It gives them a platform to represent their club, school/college in various tournaments at District, Division, State, National, University & international level. Thereby giving them an exposure & experience to the world outside.

Resources required

- The institution has sufficient Infrastructural facilities required for various sports and it is upgrading in every coming year.
- Good sports and physical trainer are necessary to provide quality sports training to sportsman.
- Financial support is biggest hurdle for sports camp.
- Good publicity is yet another impediment for sports camp.

BEST PRACTICES – II:

Title of the practice: Preservation and Cleaning of Historical Monuments of Warora Taluka.

Objectives:

- ❖ To create awareness of preservation and cleanliness of historical monuments among students and villagers.
- ❖ To create curiosity about local history.
- ❖ To make students and villagers aware about their cultural heritage.
- ❖ To create wide awareness about Swachhata Abhiyan (Cleanliness Drive).
- ❖ To fulfill institutional social responsibility.
- ❖ To bring home the importance of cleanliness to the villagers.
- ❖ To inculcate cleanliness value among students.

Context:

Indians are less interested in their local history and historical places. The issue occurs to more degree in rural areas. Hence it became a need of time to train rural students about the local history and preservation of historical monuments.

Swachhata Abhiyan is a national drive and students as well as villagers need to participate in it.

The Practice:

India is a huge nation having great cultural and historical heritage. The remains of this heritage have spread all over the country. However, rural people are not aware about the importance of heritage. On the contrary, rural people knowingly or unknowingly contribute in destroying the historical remains. This ultimately results in great cultural loss to our nation. Hence, awareness in this respect, especially in rural areas becomes need of time.

Department of history entrusted the students with the responsibility of cleaning and thus preserving historical monuments situated in their respective villages. Students were also entrusted the responsibility of cleaning their respective villages. Through this they were

induced to participate in Swachhata Abhiyan. Thereby the values of cleanliness and responsible behavior were inculcated in the students. The department resolved to organize this activity every year.

Obstacles:

Disinterested outlook of villagers towards cleaning and preservation of historical monuments proved a great obstacle in this activity. Villagers give very little response to the students' appeal to participate in the activity. Full and enthusiastic participation of villagers is must for successful completion of this or any such activity. Students cleaned premises of ruin but people again through waste on the site.

Remedies:

Students need to entice and encourage villagers to take part in such activities. Such encouragement or enticement can be brought through public speeches, street plays, etc.

Impact of the practice:

The scene of students doing cleanliness work without monetary or other kind of benefit does have some positive results too. Some villagers were motivated after seeing the students. Then they participated and worked along with the students. Moreover some young children also took part in the activity. This is quite a positive sign.

Resources;

The most important resource for any activity is human being. In the current activity students and villagers play important roles. Monetary provision is required to carry out any such activity as to take students to different monuments sites and to purchase some basic tools like sickle, hoe, shovel, basket, etc. Encouragement and support of students together with the common populace are important for the successful implementation of such activity.